

The 2022 Black Bear XC Invitational

Coaches!

The 2022 Black Bear XC Invitational at Coe-Brown Northwood Academy will be held on Saturday October 1st 2022. Our cross country course is primarily on rolling trails ending on our track.

Entries will be via **directathletics.com** and must be in by Sept. 28th. Teams are allowed up to **9 entries in the varsity races**, and unlimited entry with the JV races. Returning this year will be a middle school race as well to begin the day, please pass information along!

Plaques will be awarded to respective varsity and junior varsity team champions and runner-ups. The **top 10** individuals in each race will receive awards. T-shirts commemorating the event and a full concession stand will be available.

Please help us ensure an efficient event by reminding your parents and fans that **no dogs are allowed**. Also, reminding spectators and your athletes to be aware and make more than enough space for competing racers when warming up or simply being on the course.

Entry Fee

\$90.00 per team (\$180.00 for full girls' and boys' teams) or \$10.00 per runner. Make checks payable to Coe-Brown Athletics.

Time Schedule

| | |
|---------|--------------------------|
| 8:45am | Course Walk |
| 9:00am | Girls Middle School Race |
| 9:30am | Boys Middle School Race |
| 10:05am | Middle School Awards |
| 10:00am | Junior Varsity Girls |
| 10:40am | Junior Varsity Boys |
| 11:15am | Varsity Girls Race |
| 11:50am | Varsity Boys Race |
| 12:30pm | AWARDS |

*Depending on number of entries, middle school race may be combined

If you have any questions feel free to call or email Tim Cox (tcox@coebrown.org, 942-5531) or Brent Tkaczyk (btkaczyk@coebrown.org).

Sincerely,

Coe-Brown Cross Country Staff and Athletic Department

ENTRY FORM
THE 2022 BLACK BEAR XC INVITATIONAL

\$90.00 for 1 team, \$180.00 for 2 teams, or \$10 per athlete

EXAMPLE

TEAM _____ CBNA _____

EMAIL _____ tcox@coebrown.org _____

BOYS _____ x _____

GIRLS _____ x _____

TOTAL _____ \$180 _____

OFFICIAL ENTRY

TEAM _____

EMAIL _____

BOYS _____

GIRLS _____

TOTAL _____

Mail to: Coe-Brown Athletics
Coe-Brown Northwood Academy
907 1st NH Turnpike
Northwood, NH 03261

*PLEASE RETURN THIS SHEET WITH YOUR ENTRY FEES FOR OUR RECORDS. THANK YOU!