

The 2022 Black Bear XC Invitational Middle Schools

Coaches!

The 2022 Black Bear XC Invitational at Coe-Brown Northwood Academy will be held on Saturday, October 1, 2022. Our cross country course is primarily on rolling trails ending on our brand new track.

Entries will be via directathletics.com and must be in by Sept. 28th.

Plaques will be awarded to respective team champions and runner-ups. The **top 10** individuals in each race will receive awards. T-shirts commemorating the event and a full concession stand will be available.

Please help us ensure an efficient event by reminding your parents and fans that **no dogs are allowed**. Also, reminding spectators and your athletes to be aware and make more than enough space for competing racers when warming up or simply being on the course.

Entry Fee

\$50.00 per team (\$100.00 for full girls' and boys' teams) or \$10.00 per runner. Make checks payable to Coe-Brown Athletics.

Time Schedule

7:45am	Course Walk
9:00am	Girls Middle School Race
9:30am	Boys Middle School Race
10:05am	Middle School Awards
10:00am	Junior Varsity Girls
10:40am	Junior Varsity Boys
11:15am	Varsity Girls Race
11:50am	Varsity Boys Race
12:30pm	AWARDS

*Depending on number of entries, middle school race may be combined

If you have any questions feel free to call or email Tim Cox (tcox@coebrown.org, 942-5531) or Brooke Laskowsky (blaskowsky@coebrown.org).

Sincerely,

Coe-Brown Cross Country Staff and Athletic Department

**ENTRY FORM
THE 2022 BLACK BEAR XC INVITATIONAL
Middle Schools**

\$50.00 for 1 team, \$100.00 for 2 teams, or \$10 per athlete

EXAMPLE

TEAM Deerfield School

EMAIL coach@deerfield.org

BOYS x

GIRLS x

TOTAL \$100

OFFICIAL ENTRY

TEAM _____

EMAIL _____

BOYS _____

GIRLS _____

TOTAL _____

Mail to: *Coe-Brown Athletics*
Coe-Brown Northwood Academy
907 1st NH Turnpike
Northwood, NH 03261

*PLEASE RETURN THIS SHEET WITH YOUR ENTRY FEES FOR OUR RECORDS. THANK YOU!